



Litter picking health and safety guidelines

Before the litter pick, it is important that everybody is aware of how to keep safe.

Checklist:

- Read and complete a risk assessment - template can be found [here](#).
- Check that all participants are wearing appropriate footwear and clothing.
- Give a safety briefing to the group before starting the pick. This should include, but is not limited to, the following points:
 - Brief the group that litter should not be picked up with bare hands, and that gloves must be worn handle litter or use the litter picker to place any litter straight into the collection bag / bucket
 - Ensure everyone is aware of which supervisor has the first-aid kit in the event of injury
 - Tell children to stay in sight of an adult at all times
 - Instruct the group that unhygienic or dangerous waste such as faeces, dead animals, broken glass, or sharp objects should not be touched or collected
 - Tell the group that heavy items should be left alone
 - Tell the group to avoid reaching into hedges or bushes to avoid cuts and scratches
 - Make sure the group know that wildlife and natural habitats are not are not be disturbed
- Everyone should wash their hands thoroughly after the pick with soap and water